



ANNAPOLIS AREA INTERGROUP

October 2026

DEAR FELLOWSHIP,

Fall is a beautiful time of year with changing colors, weather and activities. Just as nature sheds its leaves with the changing season, autumn reminds us to pause and reflect. It is a helpful time to examine our daily lives, check in with ourselves, and release the burdens that no longer serve our recovery. For many of us, it marks the beginning of the holidays. This can be daunting for many of us.

October's special section of the Grapevine is about "Loneliness." AA members share touching, helpful stories about dealing with a common feeling that's rarely discussed.

Loneliness is a core trigger in recovery. In AA, we often use the acronym **HALT** to check in with ourselves. Take a few minutes throughout the day to pause, breathe, and ask yourself if you are feeling:

Practice "HALT" Mindfully:

Hungry: Have you nourished your body today?

Angry: Are you holding onto resentments or frustrations?

Lonely: Are you feeling isolated or disconnected from others?

Tired: Have you been neglecting your sleep or overworking?

Stay Connected to the Fellowship:

You do not have to walk through the holiday season alone. The AA community ramps up support during this time of year because loneliness is so common.

Alcathons: Many local AA central offices host 24-hour "Alcathons" on Thanksgiving, Christmas Eve, Christmas Day, and New Year's. These are continuous meetings with food, fellowship, and a safe place to hang out.

Bookend your days: Go to a meeting in the morning and another at night if you need to fill your day with sober energy.

Reach out: Call your sponsor or a fellow member just to say hello. You don't need a crisis to pick up the phone; often, the person on the other end needs the connection just as much as you do.

Focus on Step Twelve (Service)

One of the quickest ways to handle loneliness is to move your focus from yourself to someone else. As the Big Book suggests, practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.

Help at meetings: Arrive early to set up chairs, make the coffee, or greet people.

Be a listener: Look for the newcomer at a meeting who is sitting alone and introduce yourself.

Community service: Volunteer at a local shelter, food bank, or animal rescue. Bringing joy to others naturally eases our own isolation.

In speaking about service, AAIG will hold elections this December. The spirit of rotation opens up service opportunities for newcomers and keeps the fellowship vital, fresh, and actively engaged. Nominees for the AAIG executive committee positions will be accepted in the months of October and November. Please consider becoming active within AAIG by serving.

We are grateful for the continued contributions to AAIG. Your contributions help us continue carrying out our primary purpose by supporting vital services such as the phone desk line, fellowship activities, literature distribution, and outreach to treatment and correctional facilities.

Thank you for your continued support, participation, and service. Together, we help keep the message alive.

In Service,

Bulletin Committee

Bulletin@AAIGAA.org

ANNOUNCEMENTS

GRAPEVINE



October's special section is about "Loneliness". AA members share touching, helpful stories about dealing with a common feeling that's rarely discussed.

Login to read the latest issue here:

www.aagrapevine.org/magazine



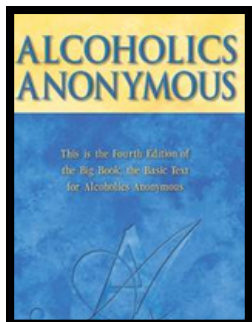
FALL BOOK SALE

AA Grapevine is pleased to announce the Fall Book Sale—20% off 20 best-selling books! Use coupon code 20BOOKS at checkout to apply your discount.

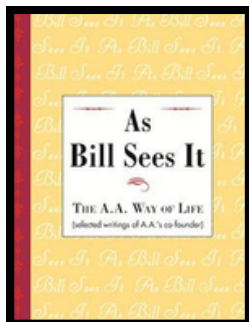
LITERATURE

If you or your home group are looking to stock upon Conference-approved literature, look no further than the Red House in Annapolis! For special orders email literature@AAIGAA.org. Order shipments take 7-10 business days.

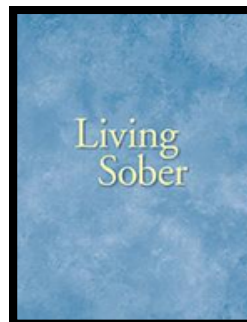
AAIG keeps the following titles in stock:



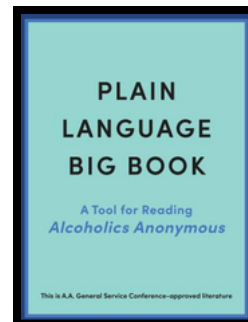
Alcoholics Anonymous
Hard Cover
Soft Cover
Large Print: \$15



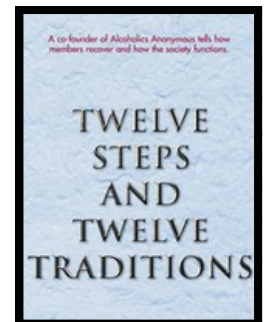
As Bill Sees It
Hard Cover
Soft Cover: \$15



Living Sober
Soft Cover
Large Print: \$15



Plain Language Big Book
Soft Cover: \$14



12 Steps & 12 Traditions
Hard Cover
Soft Cover
Large Print: \$15

BIG BOOK 5TH EDITION

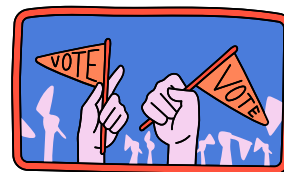
Dear A.A. Friends:

We are writing to provide an update regarding the forthcoming publication of the much-anticipated fifth edition of *Alcoholics Anonymous*. At the July 30 meeting of the A.A. World Services Board, the Publishing Committee recommended, and the full board approved, that the fifth edition hardcover be produced with a removable dust jacket and that a list price of \$20 USD be adopted. We are on track with the production process to publish the hardcover of the fifth edition, updated with 26 new stories of recovery, in February 2027.

We share the Fellowship's excitement about the fifth edition of our beloved Big Book—coming more than 25 years after the publication of the fourth edition. More information about the publication of the fifth edition will follow this fall.

Warm Regards,
A.A. World Services Board

ELECTION



The spirit of rotation in A.A. is a guiding principle where service roles and leadership tasks are regularly passed from one member to another after a set period.

Regular rotation opens up service opportunities for newcomers and keeps the fellowship vital, fresh, and actively engaged. Stepping down from a role you love helps members practice anonymity, overcome ego, and place principles before personalities. Grounded in Tradition Two and Tradition Nine, rotation ensures that leaders act as "trusted servants" rather than governing bosses.

The Chairperson, Vice Chairperson, Treasurer and Secretary are elected officers. Nominations are made in the October and November Council meetings. The nominees must attend at least one of these two meetings to verify their willingness to serve and their eligibility (see [here](#) for more details). The elections then happen at the December Council meeting. Suggested qualification is 4 years of continuous sobriety for all positions, except secretary which is two years. All positions serve a one-year term, with the option for a second consecutive term. Suggested qualification is 4 years of continuous sobriety for all positions, except secretary which is two years. All positions serve a one-year term, with the option for a second consecutive term.

CHAIRPERSON

Duties include leading Executive Committee and Intergroup Council meetings, breaking tie votes, appointing committee chairs, coordinating with Ad Hoc Committees, and calling special Executive Committee meetings as needed.

VICE CHAIRPERSON

Duties include serving as Chairperson in their absence, assisting with calendars and meeting agendas, partnering with the Chairperson to prepare for leadership responsibilities, assuming the Chairperson's role if the position becomes vacant, and serving as AAIG Facilities Chairperson

TREASURER

Duties include managing AAIG accounts and prudent reserves, maintaining financial and contribution records, reporting financial activity to the Executive Committee and Intergroup Council, providing financial statements for the monthly bulletin, coordinating year-end tax reporting, and working with the Finance Committee on the annual budget.

SECRETARY

Duties include recording and distributing meeting minutes, presenting prior minutes for review and approval, and maintaining Intergroup Representative attendance records.

STEPS TRADITIONS CONCEPTS

STEP 10

Continued to take personal inventory and when we were wrong promptly admitted it.

TRADITION 10

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

CONCEPT 10

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

BIG BOOK QUOTE

This thought brings us to Step Ten, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along.

-*Alcoholics Anonymous*, Pg. 84

STATEMENT OF ACTIVITY



Here's a look at our Year-to-date Finances, as of September 30th, 2026. Thank you to everyone who has and continues to support our Annapolis Area Intergroup.

Visit AnnapolisAreaIntergroup.Org/Contribute or follow the QR Code to donate.

AAIG appreciates consistent contributions to offset its expenses. It is also important to list your home group when donating online.

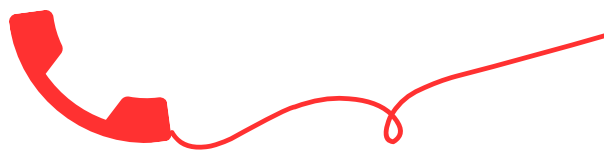


SEPTEMBER 2026 GROUP CONTRIBUTIONS

ALL INCLUSIVE: \$50.00
ARNOLD AREA THURSDAY WOMEN'S GROUP: \$300.00
EYE OPENER: \$200.00
MEN'S STAG MEETING: \$372.00
OPEN FORUM GROUP: \$40.00
POINTER RIDGE: \$14.50
RECOVERY NOT CANCELLED: \$60.00
RED HOUSE BEGINNERS: \$639.00
SERENITY AT SEVEN: \$50.00
SHARING & CARING 12:15: \$112.00
SUNDAY REFLECTIONS: \$25.00
THURSDAY NIGHT BIG BOOK: \$140.00
UNIDENTIFIED: \$50.00**
WAKE UP WORLD: \$60.00

	Total
Revenue	
Contributions - Groups	8,930.65
Contributions - PayPal	6,165.01
Contributions - Red House	6,915.98
Literature Sold	1,930.00
Money Market Account Interest	69.36
Total for Revenue	\$24,011.00
Gross Profit	\$24,011.00
Expenditures	
Committees	
AAIG Website	237.43
Activities	2,202.75
Bulletin Literature	527.40
Resale Red	4,442.92
House Desk	120.00
Technology	304.49
Where&When	285.20
Total for Committees	\$8,120.19
Operating	
Accountant/Bookkeeping	424.00
Corporate Fees	139.20
Insurance	560.00
Phone/Internet/PO Box	1,494.66
Red House Maintenance	97.50
Red House Rent	7,650.00
Red House Supplies	2,499.34
Total for Operating	\$12,864.70
Uncategorized Expense	
Misc expense to be reimbursed	0.00
Total for Uncategorized Expense	\$0.00
Total for Expenditures	\$20,984.89
Net Operating Revenue	\$3,026.11
Net Revenue	\$3,026.11

** No home group listed



RED HOUSE PHONE DESK **VOLUNTEERS NEEDED**

The Red House Phone Desk is urgently searching for volunteers to help answer calls from alcoholics seeking help and information. Shifts are two hours long. Coverage is needed: **Thursday 4-6 PM and Sunday 2-4 PM.** An active sponsor relationship and 6+ months of continuous sobriety are required for the volunteer. To learn more or volunteer, contact Desk@AAIGAA.Org

NEW TO SERVICE

Leigh M has stepped in to be our Red House Desk Chair. Thank you Leigh for your service to the fellowship and the Red House. Leigh is working hard to fill open positions to answer the phone at the Red House.

MARYLAND GENERAL **SERVICE INFORMATION**



53rd Maryland State Convention needs your help and ideas! The theme for the 53rd Maryland State Convention has not yet been chosen, and they're looking for creative suggestions from the fellowship. Submit your theme idea by October 12 for consideration, and join the October Area Assembly to help vote on the winning theme. Share the contest with friends throughout the fellowship! forward this to your friends in the fellowship.

GENERAL SERVICE OFFICE



The 76th General Service Conference was held April 26-May 2, 2026, at the New York Hilton Midtown hotel. Guided by the theme of "Humility in Action," 136 Conference members gathered at the week-long event in the spirit of unity, fellowship and service, prepared to address 70 agenda items critical to the future of A.A. throughout the United States and Canada. The General Service Conference is both a stage for a year's worth of work coming to fruition through spirited deliberation and voting from the Conference body, as well as an opportunity to identify new paths to forge for carrying the message of Alcoholics Anonymous. For your review, **here** is the Final Report of the 76th General Service Conference.

MARYLAND GENERAL **SERVICE MEETING**

All A.A. members are encouraged to participate in the Area Inventory on Saturday, October 17, 2026 from 9AM-3PM at Severna Park United Methodist Church 731 Benfield Rd Severna Park, MD.

Whether you currently serve in a service position or simply have an interest in helping the Area better fulfill its primary purpose, your input and perspective are valued.

ZOOM MEETING ID:
899 9024 0795

PASSCODE:
519577



EVENTS

FALL 2026 CONTRA STUDY

Deepen your understanding of A.A.'s CONcepts, TRAditions & The A.A. Service Manual during this virtual study, moderated by trusted servants from the Northeast Region of A.A. The study runs Thursdays, September 10–December 17, from 9–10 p.m. ET on Zoom, with no registration fee. Weekly sessions cover the Twelve Traditions, A.A. Service Manual, and Twelve Concepts for World Service.

Participants will receive study materials by email following registration. Those who complete the assigned reading and weekly questions will have the opportunity to share their answers, while all A.A. members are welcome to attend and listen.

For more information, contact 2026contrastudy@gmail.com

**CLICK HERE OR
SCAN THE CODE
FOR THE SERVICE
AND EVENT FLYERS**



TRUNK OR TREAT AT CLUB 164



Join us Thursday, October 29, from 5:30–7:30 PM at 2016 Industrial Dr., Annapolis. This free, all-ages event features candy, crafts, coloring, face painting, and prizes for the best-decorated trunk. Happy Halloween!

SOUTHERN MARYLAND ROUNDUP



Registration is now open for the Southern Maryland Roundup, returning to the DoubleTree by Hilton in Annapolis, MD, March 19–21, 2027. Join us for a transformative weekend exploring all 12 Steps with esteemed speakers from across the country. Whether renewing your recovery, recommitting to the Program, or deepening your emotional sobriety, the Roundup offers a meaningful weekend of fellowship, inspiration, and recovery.

NEW CONTRIBUTIONS PLATFORM BY GSO

A.A. World Services is launching a new contributions platform in mid-October to make Seventh Tradition contributions easier and more flexible. Members will have more payment options, including ACH, credit/debit cards, Apple Pay, Google Pay, Venmo, and PayPal, with Canadian-dollar contributions also available.

The new platform will offer greater control over recurring contributions, including changing amounts, pausing or resuming payments, and adjusting frequency. No separate login or password will be required. For questions or support, contact memberservices@aa.org.

AAIG ACTIVITIES COMMITTEE

The AAIG Activities Committee shares everyone's disappointment that we had to cancel our September 27th picnic at Sandy Point State Park due to the inclement weather that weekend. We are currently exploring the possibility of another fellowship event before the end of the year. If plans come together, we'll get the word out to everyone right away. Stay tuned!

EVERYTHING AA APP UPDATE



A.A. World Services has released Version 5.0 of the Everything AA app, the first update since bringing it under A.A. World Services ownership. The app includes improved stability and reliability, with more content and features planned. It remains free on iOS and Android, with an optional subscription (\$1.99/month or \$19.99/year) offering bonus content, including "Voices of A.A. Today." Click [here](#) to see the official statement in English, French, and Spanish.

UPCOMING SOBERVERSARY CELEBRATIONS



Honor your AA birthday by participating in the Birthday Plan! Please consider contributing \$1 for each year of continuous sobriety as a way of expressing gratitude and helping carry the message to the next alcoholic. Your voluntary contribution supports the vital services of Annapolis Area Intergroup and is a meaningful way to celebrate another year of recovery. Names with ** are following the Birthday Plan.



Jay | 32 years | October 4 | No Home Group Listed
Nicole H. | 4 years | October 5 | One Page At A Time
Anna | 1 year | October 5 | No Home Group Listed
Angie B. | 4 years | October 5 | No Home Group Listed
Deborah | 19 years | October 7 | No Home Group Listed

Wes (Shorty) | 1 year | October 8 | No Home Group Listed
Linda McG. | 41 years | October 9 | Early Birds
Lauren W. | 2 years | October 11 | Sharing Beginners Meeting
Brian W. | 2 years | October 12 | No Home Group Listed
Mike A. | 3 years | October 18 | Sharing Beginners Meeting

Myisha W. | 1 year | October 18 | No Home Group Listed
Nicolette | 1 year | October 18 | No Home Group Listed
Debbie T. | 11 years | October 18 | A Design for Living
Linda McG. | 41 years | October 9 | Early Birds
Jessica C. | 1 year | October 20 | No Home Group Listed
Michael N. | 2 years | October 31 | No Home Group Listed

**SUBMIT YOUR
SOBERVERSARY
CELEBRATION DATE AND
GROUP BY EMAILING
BULLETIN@AAIGAA.ORG**