



STAY IN THE MIDDLE OF THE HERD
 VETERANS & EMTS
NO COST
 November 15-16-17
 St Michael's Inn
 1228 South Talbot St.
 St Michael's MD 21663

FIRST RESPONDER

SCHEDULE

Friday

1:00-3:00pm
 6:00pm-7:00pm
 8:00pm-9:00pm
 9:00-10:00pm

Check In
 Dinner on your own
 Speaker Meeting
 Ringing The Bowls(Jay)

Saturday

7:00 am -9am
 8:00am- 9:00am
 10:00am-11:00am
 11:00am-1:00pm
 1:00- 2:00pm
 2:00pm-6:00pm
 6:00pm-7:00pm
 7:30pm
 8:00pm-9:00pm
 9:30pm-10:00pm
 10:00-11:00pm
 Bowls(Jay)

Breakfast
 yoga
 Speaker
 Emotional Sobriety 4th Step workshop
 Lunch on your own
 Free Time
 Dinner
 Count Down
 Speaker
 Ice Cream Social
 Ringing the

Sunday

7:00-9:00am
 8:00-9:00am
 10:00am-11:00am

Breakfast
 Yoga
 Speaker Discussion

11:00 am

Check Out



Directions: US 50 East towards Ocean City Turn slight right onto MD/322 Turn right onto St Michael's Rd MD/33 continue to follow MD/33 Hotel is on the left
 Call by November 8th to reserve your complimentary room and dinner. Please be courteous and confirm room otherwise someone might miss out that could have stayed in a room. Thank you
 Please email to reserve your room to
 Dana

PAL4aday@gmail.com
 443-822-9442

Please do not call hotel directly Thank you

RESCUE

TO THE
RESCUE

LIFE SAVER

